



INDEX

| | |
|---------------------------------------|-------|
| 2010 In Review..... | 47-50 |
| Men's Indoor Bests..... | 47 |
| Women's Indoor Bests..... | 48 |
| Men's Outdoor Bests..... | 49 |
| Women's Outdoor Bests..... | 50 |
| Academics and Athletics..... | 90-91 |
| All-Americans..... | 77-78 |
| Athlete Biographies..... | 12-43 |
| 2008 Big 12 Outdoor Championship..... | 88 |
| Boulder/Denver/Colorado Facts..... | 85-86 |
| Bufs in the Pros..... | 81-82 |
| Coaching Staff..... | 2-5 |
| Coaching Staff Accolades..... | 7 |
| Conference History..... | 71-72 |
| 2010 Cross Country Results..... | 46 |
| Facilities..... | 93 |
| NCAA History..... | 75-76 |
| NCAA Champions..... | 79 |
| NCAA Midwest Region History..... | 73-74 |
| NCAA Qualifying Standards..... | 45 |
| Olympians..... | 80 |
| Outlook..... | 8-9 |
| Records..... | 51-70 |
| Men's Indoor..... | 51 |
| Women's Indoor..... | 52 |
| Men's Indoor All-Time Bests..... | 53-56 |
| Women's Indoor All-Time Bests..... | 57-60 |
| Men's Outdoor..... | 61 |
| Women's Outdoor..... | 62 |
| Men's Outdoor All-Time Bests..... | 63-66 |
| Women's Outdoor All-Time Bests..... | 67-70 |
| Rosters..... | 10-11 |
| Running Town, USA..... | 87 |
| Schedule..... | 6 |
| STEPS/Read With The Bufs..... | 92 |
| Support Staff..... | 44 |
| University of Colorado..... | 83-84 |
| Walk On To All-American..... | 89 |

BUFFS AT A GLANCE

Location: Boulder, Colo.
Enrollment: 38,128
Elevation: 5,435 Feet above Sea Level
Colors: Silver, Black and Gold
Nickname: Buffaloes
Mascot: Ralphie V
Home Facilities: Balch Fieldhouse (Indoor), Potts Field (Outdoor)
NCAA Affiliation: NCAA Division I
Conference: Big 12 (Joined 1996)
President: Bruce Benson
Chancellor: Phil DiStefano
Vice Chancellor-Student Affairs: Julie Wong
Athletic Director: Mike Bohn
Senior Woman Administrator: Ceal Barry
University Switchboard: 303/492-0111
Athletic Department Phone: 303/492-7931

TRACK AND FIELD

Head Coach: Mark Wetmore (Rutgers '78)
Phone: 303-492-5227
Best Time to Reach: Mornings
Assistant Coaches: Heather Burroughs (Distance and Middle Distance); Jeremy Dodson (Volunteer Sprints/Hurdles); Casey Malone (Throws); Lindsey Malone (Combined Events/Jumps); Drew Morano (Sprints/Hurdles); Emily Pearson (Volunteer Combined Events)
Assistant Coach/Recruiting Coordinator: Billy Nelson (Distance and Middle Distance)
Director of Operations: Karen Lechman
Office: 303/492-5227
Fax: 303/492-1642
Email: first.last@colorado.edu except for Lindsey Malone (l.malone@colorado.edu)

ATHLETIC MEDIA RELATIONS

Assistant SID (Track Contact): Linda Poncin
Office: 303/492-5626
Fax: 303/492-3811
Email: linda.poncin@colorado.edu
Website: CUBuffs.com

SPORTS MEDICINE

Athletic Trainer: Christy Kozeliski
Carlson Gym Training Room: 303/492-1178
DWAC Training Room: 303/492-3801
Fax: 303/492-4217
Email: christy.kozeliski@colorado.edu

2010 IN REVIEW:

Indoors

Big 12 Indoor Championships: Men 12th, Women 12th
NCAA Indoor Championships: Men NTS, Women NTS
Conference Champions (0): none
All-Americans (0): none

Outdoor

Big 12 Outdoor Championships: Men 6th, Women 12th
NCAA Outdoor Championships: Men t37th, Women 24th
Conference Champions (1): Emma Coburn (Steeplechase)
All-Americans (5): Joe Bosshard (10k), Jeremy Dodson (200), Emma Coburn (Steeplechase), Shalaya Kipp (Steeplechase), Richard Medina (5k)

CREDITS

The 2011 University of Colorado Track and Field Media Guide was written and designed by the Colorado Sports Information office and assistant director Linda Poncin.

Layout and Typesetting: Linda Hall, Whirlwind Graphics

Photography: Chip Broomfield (Pro-Motion LTD), Cliff Grassmick, Brian Lewis, Pro-Motion, Ltd., Zemi Photographics, Curtis Snyder, Linda Poncin and Casey Cass and Glenn Asakawa, University of Colorado

ON THE COVER

2010 Returning All-Americans: Joe Bosshard, Emma Coburn, Shalaya Kipp and Richard Medina.

Student-athletes have signed waivers disclosing their academic standing.